

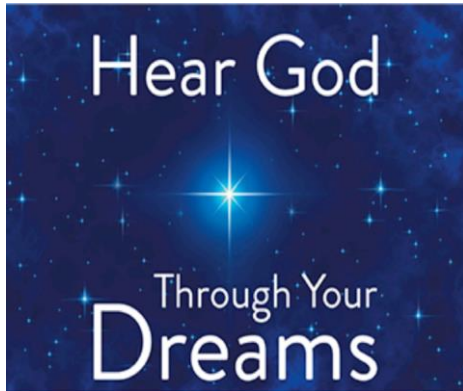


## ***“Bringing the Arts and Dreams into Spiritual Direction”***

On-Going Formation for Spiritual Directors

October 7, 2017 | 8:30 a.m. - 3:00 p.m.

### ***Session 1: Using DREAMS in Spiritual Direction with Sr. Dorothy Batto, CCVI***



*In this session, you will learn some basics for finding meaning in dreams and using them to connect more deeply with God, self, and others. Understand the vital role that dreams play in furthering growth—physically, psychologically, spiritually, socially, and culturally. You will leave with understanding and tools to more effectively release the grace locked in your dreams and transform it into grace for living your life fully, as God intended it to be.*

*Note: In preparation for this session, you are encouraged to record some of your dreams in as much detail as possible. Bring to this session one or more written dreams, which you would like to explore.*

Sr. Dorothy Batto, CCVI has nearly 50 years of experience in educational, spiritual, and pastoral ministry and is a graduate of the University of the Incarnate Word where she earned an MA in Religious Studies from St. Louis University and an MA in Transpersonal Studies from the Institute of Transpersonal Psychology. She obtained certificates in Spiritual Formation from St. Louis University and in Spiritual Direction from Mercy Center. She works at The Sacred Garden in Bandera, serves as an ACTS spiritual director, and is on the spiritual direction and retreat team for the international Ministry to Ministers sabbatical program at Oblate School of Theology.

### ***Session 2: Using ART in Spiritual Direction with Maripat Munley***



*This session includes a brief history of art as prayer and spiritual exploration. You will see examples of created art and discover the nuances of mandala making including the physiological effects. You will learn about visual journaling, easy to use art media, examples of effective art directives for use in deepening personal prayer and spiritual direction. You will also have an opportunity to create a small mandala, observe the physical response, and learn how to make meaning from the images created.*

*Note: Absolutely no experience with art making is required!*

Maripat Munley is a nurse, artist, art therapist and spiritual director with Masters Degrees in Public Health and Art Therapy. She earned Certification in Mind Body Medicine from the Harvard New England Deaconess Mind Body Institute. Now semi-retired, she volunteers through Bexar County Jail, leading classes on Art as Prayer - Visual Spiritual Journaling and does spiritual direction. She facilitates spiritual retreats and art-based workshops.

**Location:** St.Peter Upon the Water \* 234 Indian Creek Rd. Ingram, TX. 78025

**Time:** 8:30am- 3:00pm. (8:00am Coffee & pastries) \* Registration Fee: \$25 (lunch included)

**To register:** call 830-367-5959 or email Diane Albrecht: [dianne@stpeteruponthewater.org](mailto:dianne@stpeteruponthewater.org)

**If mailing anything to SPUW, please use: P.O. Box: 509 Ingram TX. 78025-0509**