

ST. PETER UPON THE WATER
FORMATION PROGRAM FOR SPIRITUAL DIRECTORS
ATTENTION: ADMISSIONS
P.O. BOX 509
INGRAM, TX 78025-0509
830 367-5959

PERSONAL DISCERNMENT

Please type your responses on separate pages and attach them to this form.

1. Since prayer is central to spiritual direction, please describe your prayer life in detail.
2. What experiences, particularly *religious experiences (experiences of God)*, have attracted you to seek formation as a spiritual director at this time?
3. Describe any experiences you have had as a “sought-out listener,” spiritual companion, or spiritual director which have encouraged you to explore this ministry.
4. Are you currently in spiritual direction with a formed spiritual director? For how long? What aspect of the direction relationship has been most helpful to you?
5. Have you discussed your interest in the ministry of spiritual direction with your pastor and/or spiritual director? Describe the response and level of support you received.
6. In what ways have you participated in or contributed to your parish community and/or religious congregation? How has your experience in ministry supported the growth of your spiritual life?
7. What is the attitude of your family, spouse, or religious community regarding your possible participation in this program? What is their response and level of support?
8. Considering your life situation, (ministry, work, health, and family) can you make a serious commitment to truly be present to this formation?

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